

Danielle Rose



Wauconda, Illinois

52 pounds lost

Before Getufit I Beach Body, 21-Day Fix and Intermittent Fasting

Married with three young boys under 5 years old

I'm a real estate agent, and owns a beauty and skin care business

I finally joined Getufit after having my third son and really needing a mommy makeover!

Danielle's advice:

Trust the Process and being consistent is key. Things will not change overnight but if you follow the program and lock arms with Irene and the Getufit community you will get there! I have lost a total of 52 pounds and have kept it off. This program has given me more energy, help keep the weight and just be an all around healthier and for my family!



