

Kristi Tulley



Lakemoor, Illinois

35 pounds lost

Before Getufit I tried all sorts of diet supplements and Slim Fast.

Married with two children, 20 and 16.

I sell insurance.

I finally joined Getufit after feeling lost about what to eat. I also saw the progress my friends were making in the program!

I have learned so much. I understand portion sizes now. Irene has helped me to understand what combinations of foods will help me lose weight. She has taught me how eating right can make me stronger and speed up my metabolism!

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